

Destination 5: Island of the Dolls

Just south of Mexico City, between the canals of Xochimico, there is a small island known as Isla de las Munecas (Island of the Dolls). Local legend has it that a young girl was found drowned in mysterious circumstances many years ago and that the dolls are possessed by her spirit. In addition to hearing them whisper to each other, witnesses claim that the dolls have lured them to island where they saw their heads and arms move and eyes open (<http://www.isladelasmunecas.com/>).

Related Film: *You're Next* (2011)

Synopsis

You're Next is a black comedy-horror directed by Adam Wingard set in an isolated location in Missouri. The plot is similar to Agatha Christie's *Ten Little Indians* (1965), the film adaptation of which focuses on ten people invited to a remote location by a mysterious stranger (with Christie's isolated snowy mountain exchanged for a cabin estate in the woods). The movies' shared plots revolve around a series of murders from an unknown assailant(s). *You're Next* demonstrates uber-dysfunctional family dynamics from its earliest scene to the disclosure of the mystery doll-faced assailants.

In Joss Whedon's *The Cabin in the Woods*, the very fabric of American horror film culture is listed on the "big board." Five monsters from the bottom-right are listed "dolls." These iconic phobic objects of our subconscious fears are depicted in Wingard's 2011 slasher film.

How it relates to the field of psychiatry

The movie begins with 2 murders at a neighboring estate by unknown assailants while "Looking for the Magic" plays in the background (Dwight Twilley Band). After witnessing the cold blooded murders, we meet the Davisons, as each member arrives at a family reunion at their Missouri vacation house. The cold, uneasy interaction of the siblings begins around the dinner table when discord erupts, serving as the prelude to the first kill when Aimee's (youngest sibling) boyfriend, Tariq, is struck by an arrow. In an attempt to secure safety, Aimee regresses, "You never give me any credit for anything...you don't believe in me," and convinces her family that "she's the fastest" who can reach the car and go for help. Her escape attempt ends in her running into a garrote wire outside of the front door. With 2 "loved ones" dead, the rest of the party must band together to protect themselves from the assassins cloaked in sheep, tiger, and lamb masks.

The doll-faced killers' sinister motives are strangely balanced by the abnormal behavior of those they hunt as evidenced by Zee intimately telling Felix, "I wanna f* you on this bed next to your dead mom." The universal fear of masked faces, depicted as 'doll' in Joss Whedon's *Cabin in the Woods* (2012), is symbolic of the hidden agenda of "the protagonists."

The Specific Phobia of dolls, formerly known as pediophobia, is a universal experience that likely has its roots in childhood animism. Jean Piaget posited that a child’s cognitive inability to distinguish the external from the internal world results from animism. While it’s developmentally appropriate for a child at the pre-operational stage (2-7 years) of cognitive development to believe her doll is angry, such should not be the case for the Davison children. Yet, adults universally retain memories of “their maleficent dolls,” which is why movies such as *You’re Next* resonate with our most primitive archetypal fears.

Crispian’s girlfriend, Erin, is identified as having been raised on a survivalist compound, and becomes the leader of the hunted. Her heroics however come at a price, reminding us that even the most peerless women and men who serve and protect are at risk for posttraumatic stress. One of the more defining scenes - “Death by Blender” - exemplifies this [Spoiler Alert] when Erin demonstrates flat and isolated affect when she reveals to Crispian that she killed Felix, “I stuck a blender in his head and killed him.”

Table 1. Categories of US Monsters					
Major Types					
Type	Example	Description			
Common Phobias	Dolls	Currently classified as Specific Phobia, Other Type, pediophobia is the irrational fear of dolls.			
Supernatural					
Psychopaths					
Folkloric Creatures					
Minor Types					
Type	Example	Description			
The Undead					
Demons					
Extraterrestrials					
Giant Animals					
Taken from http://thecabininthewoods.wikia.com/wiki/Monsters					

Key Words: You're Next, Agatha Christie, Ten Little Indians, Looking for the Magic, Dwight Twilley Band, Joss Whedon, Cabin in the Woods, Specific Phobia, pediophobia, animism, Jean Piaget, Carl Jung, archetypes, posttraumatic stress disorder, PTSD, affect

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